



Free Wriggle & Rhyme, Active Movement for Early Learning sessions are about to begin at your local library starting Term 4 (12th October 2009)!

Active Movement is a SPARC (Sport and Recreation NZ) initiative which aims to provide positive movement experiences to stimulate development of both the brain and the body. Each session will be based on the Active Movement set of 14 activity guides using a range of music and movement.

Libraries are working with their Council and Regional Sports Trust to provide Wriggle & Rhyme sessions across the greater Auckland region with the focus mainly for babies from birth to two years.

Movement is a child's first language, so it is important to provide babies with whole body movements' right from birth. Parents and caregivers are invited to take part in these free weekly sessions at their local library, where they can also learn skills to put into practice at home.

While the activities are generally for babies, older pre-schoolers are also welcome to attend Wriggle & Rhyme sessions, and will benefit too.

50 community libraries are taking part in the Wriggle & Rhyme programme across the greater Auckland region.

Programme days and times: (all sessions 30 minutes)

Auckland City Libraries	Session Days	Session Times
Remuera	Mondays	9:15 a.m.
Pt Chevalier	Mondays	10:30 a.m.
Central City	Mondays	10:30 a.m.
Mt Albert (St Lukes)	Mondays	11:30 a.m.
Avondale	Tuesdays	9:30 a.m.
Parnell	Tuesdays	9:30 a.m.
Grey Lynn	Tuesdays	10:45 a.m.
Mt Roskill (Three Kings)	Tuesdays	11:00 a.m.
Blockhouse Bay	Wednesdays	9:30 a.m.
Epsom	Wednesdays	10:00 a.m.
Panmure (Mt Wellington)	Wednesdays	10:45 a.m.
St Heliers	Wednesdays	11:00 a.m.
Les Institute (Ponsonby)	Thursdays	10:00 a.m.
Onehunga	Thursdays	10:00 a.m.
Glen Innes	Thursdays	11:15 a.m.
Otahuhu	Thursdays	11:15 a.m.

North Shore City Libraries	Session Days	Session Times
Northcote	Mondays	10:00 a.m.
Takapuna	Mondays	11:30 a.m.
Glenfield	Tuesdays	9:30 a.m.
Albany Village	Thursdays	9.30 a.m.
East Coast Bays	Thursdays	11:00 a.m.
Devonport	Fridays	10:00 a.m.
Birkenhead	Fridays	11:30 a.m.

Rodney District Libraries	Session Days	Session Times
Helensville	Wednesday	10:30 a.m.
Mahurangi East	Thursdays	9:30 a.m.
Warkworth	Thursdays	10:30 a.m.
Whangaparaoa	Fridays	10:00 a.m.
Kumeu	Fridays	10:30 a.m.
Orewa	Fridays	11:30 a.m.

Waitakere City Libraries	Session Days	Session Times
Massey	Mondays	9:30 a.m.
Te Atatu Peninsula	Tuesdays	9:30 a.m.
Ranui	Tuesdays	11:00 a.m.
New Lynn	Wednesdays	9:30 a.m.
Waitakere Central	Thursdays	9:30 a.m.
Titirangi	Fridays	9:30 a.m.
Glen Eden	Fridays	11:00 a.m.

Manukau City Libraries	Session Days	Session Times
Mangere Town Centre	Mondays	9:30 a.m.
Mangere Bridge	Mondays	9:30 a.m.
Clendon	Mondays	11:00 a.m.
Papatoetoe	Mondays	11:00 a.m.
City Centre	Tuesdays	9:30 a.m.
Highland Park	Tuesdays	9:30 a.m.
Mangere East	Tuesdays	11:00 a.m.
Otara	Tuesdays	11:00 a.m.
Manurewa	Wednesdays	9:30 a.m.
Tupu (Otara)	Wednesdays	9:30 a.m.
Pakuranga	Wednesdays	11:15 a.m.
Howick	Thursdays	9:30 a.m.
Botany	Thursdays	10:45 a.m.

Papakura District Library	Session Days	Session Times
Papakura	Fridays	10:00 a.m.

For more information on *Wriggle & Rhyme, Active Movement for Early Learning* visit your local library.